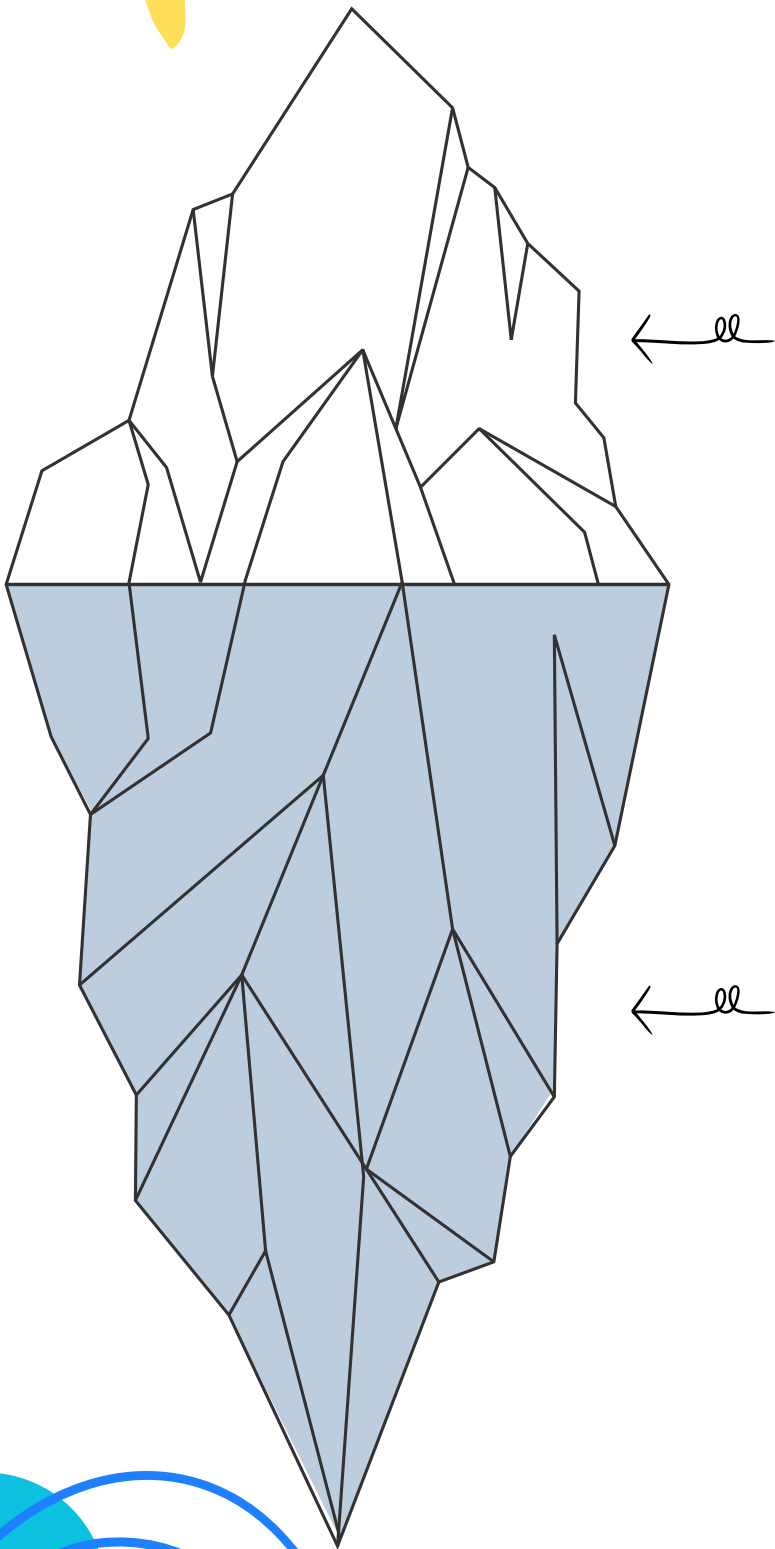


The Behavior Iceberg



What a child's behavior can look like on the Surface (what adults observe)		
Anger, Aggression, Yelling, Arguing, Crying	Negative Self Talk "I'm bad" "No one likes me"	Avoiding or Refusal of tasks and activities
Excessive Silliness, High Energy	Fleeing, hiding from others, Shyness	Lying, stealing, cheating

What can be happening beneath the surface (what the child thinks, feels, believes, and experiences)		
Low Self Esteem or Confidence	Anxiety, worrying, nervousness	Feeling Tired or Hungry
Fear of rejection in relationships	Confusion or Uncertainty	Hopelessness, Sadness, Grief
Difficulty managing energy and feelings	Afraid, Fearful, panicked	Undeveloped life skills
Negative thoughts about self	Negative Past Experiences	Feeling unsafe or threatened